

Holland Patent High School and Middle School

October 2021

DAILY OFFERINGS



Choice/Alternate Sandwich
 Garden Salad
 Peanut Butter & Jelly
 Assorted Fresh Fruit
 Assorted Canned Fruit
 Fresh Carrots & Celery
 Assorted Fresh NYS Milk

Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

Choice/Alternate Sandwich Days

Mon: Tuna/Cheese
 Tue: Bologna/Cheese
 Wed: Turkey/Cheese
 Thu: Ham/Cheese
 Fri: Egg Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				<i>MINI CORN DOGS</i> Carrot Coins
4	5	6	7	8
<i>MAC & CHEESE</i> Corn Kernels	<i>SLOPPY JOE SANDWICH</i> Carrot Coins	<i>STEAK & CHEESE WRAP</i> <i>w/Lettuce and mozz cheese</i> Broccoli Florets	<i>BBQ RIB PATTY on a Bun</i> Jolly Green Beans	No School Superintendent's Conference Day
11	12	13	14	15
No School 	<i>TEXAS WESTERN PULLED PORK</i> Cole Slaw Vegetarian Baked Beans	<i>GRILLED CHEESE SANDWICH</i> Jolly Green Beans	<i>TANGERINE CHICKEN w/Rice</i> Carrot Coins	<i>CHICKEN PATTY on a Bun</i> Corn Kernels
18	19	20	21	22
<i>CHEESEBURGER on a Bun</i> Vegetarian Baked Beans	<i>MACHO NACHOS</i> w/Tostitos Nacho Chips Black Beans	<i>CHICKEN NUGGETS</i> Broccoli Florets	<i>CHICKEN TERIYAKI w/Rice</i> Carrot Coins	<i>HOT DOG & TATER TOTS</i> Corn Kernels
25	26	27	28	29
<i>HOMEMADE GOULASH</i> Carrot Coins	<i>PIZZA DAY!</i> Vegetarian Baked Beans	<i>CHICKEN TENDER WRAP</i> Broccoli Florets	<i>MACHO NACHOS</i> w/Tostitos Nacho Chips Black Beans	<i>FISH SANDWICH w/Tartar Sauce</i> Cole Slaw

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org

Menu subject to change